

# PSALMS (BOOK ONE)

## AT - A - GLANCE WORKSHEET

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### Author

There are several authors throughout the entire book of Psalms, but David wrote every chapter in Book One. His name is at the beginning of most chapters and according to scholars, historical data, and writing style, it's assumed that he wrote the other chapters in this first book too.

Psalms (Book One) is comprised of Psalm 1-41.

### Types of Psalms

If you search for what types of Psalms exist in this Old Testament book, you will get a variety of answers. To keep things simple, there are only five options listed below. These five are easy to understand for the seasoned or new Bible reader. Some Psalms may fit into more than one category so if you have differing opinions, that's okay!

Most of the Psalms were written between 1010 and 930 BC

**Hymns:** The most general type of Psalm which were sung at a variety of worship services.

*Psalms 8, 11, 16, 19, 24, 29, 35, 36*

**Lament:** These Psalms come from a point of sadness or complaint. The Psalmist is often crying out to God for help.

*Psalms 3, 4, 5, 6, 7, 10, 12, 13, 15, 17, 22, 25, 26, 27, 31, 38, 39, 41*

**Royal:** These Psalms were sung in the presence of kings and were often prayers for the king.

*Psalms 2, 18, 20, 21*

**Thanksgiving:** These Psalms are full of praise and celebration, thanking God for all that He has done.

*Psalms 9, 23, 28, 30, 32, 34, 40*

**Wisdom:** These Psalms encourage the reader to seek wisdom and instructions from God and His Word.

*Psalms 1, 14, 33, 37*

